

First Annual AIDS Walk/Run Planned

On Saturday, July 26, you can *Walk.Run.Fight AIDS* by participating in Friends For Life's first annual Walk/Run to raise money to support its many programs. The event will begin at 8:00 a.m. at the Shelby Farms Chickasaw Trail, a certified 3.1 mile course, which begins and ends just



above the Shelby Farms Visitor Center where the post race gathering and award ceremony will be held. The race is a Memphis Runners Track Club sanctioned event and will occur rain or shine.

Bring your family and friends (no dogs, please) and help support Friends For Life! Please visit Friends For Life's award winning website at www.friendsforlifecorp.org to complete the registration or at www.racesonline.com. Even if you are not able to participate in this event, you can still help raise funds for Friends For Life by creating a fundraising page to support the Walk/Run. Go to the Friends For Life website, click on the *Walk.Run.Fight AIDS* link and follow the simple instructions. This is a great

and easy way for you to have a personalized page that you can email to your friends and family and have them support this important fundraising event!